

AGE OF CREATIVITY

On-line activities for older people to enjoy whilst self-isolating

Creative and cultural activities are good for you (the research shows us this!) and now has never been a better time to enjoy creative activities from the safety and comfort of your own home.

There are so many digital arts and cultural ideas to enjoy, and many more popping up daily, but here is a round-up of some of the best. We have done our best to ensure that each link is authentic and accessible however we cannot take liability for any external websites.

Add your creative digital resources to our festival website

[:http://festival.ageofcreativity.co.uk/](http://festival.ageofcreativity.co.uk/)

COMPENDIUMS CREATIVE IDEAS

Enjoy a mix of different art-forms that inspire and challenge:

Treasury of Arts Activities for older people:

www.ageofcreativity.co.uk/items/view/2098/

Age UK Arts Facilitator's Guide created by 64 Million Artists:

www.ageofcreativity.co.uk/items/view/2212/

Creative daily challenges:

<http://dothinkshare.com/creative-inspiration/create-to-connect>

A compendium of creative ideas:

[https://mcusercontent.com/c3f7ae434d1d9fce40f3b3d36/files/ae419d72-62f1-4a1c-bbec-7ab578fa0715/Care to Create Toolkit .pdf](https://mcusercontent.com/c3f7ae434d1d9fce40f3b3d36/files/ae419d72-62f1-4a1c-bbec-7ab578fa0715/Care%20to%20Create%20Toolkit.pdf)

The Social Distancing Festival celebrating art from all over the world:

<https://www.socialdistancingfestival.com>

A round-up of the BBCs offer

https://www.bbc.co.uk/arts?fbclid=IwAR0Ormls_0-6OYg30Am3kkhLHvVR5plkp6it7drirOgezgInmLm2Ohe24k0

New ideas for each day of the week from crafting to cooking

<https://www.oldbanknoma.com/>

From reading to festivals

<https://artsforhealthmk.org.uk/Culture-at-Home>

A myriad of creative activities to enjoy

<https://artsforhealthmk.org.uk/Culture-at-Home>

Virtual tours from across the world

https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR2IN47dK-NtjWUJUPchpdxJSS_kvqLn2kTa_Oa3g1WWvEIZGiEEZ1J4KoQ&pru=AAABcQQzAQc*j_OXW40DQiYeT7z8bagfiA

Lots of free crafting ideas:

<https://www.allfreecrafts.com>

The Tate's Art for Kids is a fun list of creative things to do

https://www.tate.org.uk/kids?fbclid=IwAR2e6_WnICZ5aMdYftfLxQ7IOOQyuVwbtbdJ8t3CpOat_0l1rv_V_E3kuKEQ

Free Art Activity pack

<https://firstsite.uk/art-is-where-the-home-is/>

Get Creative at Home

<https://www.modernartoxford.org.uk/creative-connections/>

Creative ideas to do at home

<http://www.span-arts.org.uk/>

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